

Thor Colony Newsletter - Oct/Nov 2011

During October the Beavers have been learning about Health and Fitness. We have been talking about foods that are good for you and foods that are not so good for you. One week they made their own Healthy Pizza on a Wholemeal Muffin, topped with tomatoes, peppers sweet corn and pepperoni. Another week they made their own Fresh fruit Smoothie, with oranges and bananas. We have had a visit from Diane a local Hygienist who came to give a talk to the Beavers about how you should look after your teeth. She brought with her two puppets, one called 'Smiler' who ate the healthy foods brushed his teeth and the other called 'Stinky' who ate all the wrong foods and did not look after his teeth. The Beavers loved the puppets and were fascinated by the examples of bad teeth. They all received a sample of toothpaste and a sticker at the end of the night. After half-term the Beavers were told about firework Safety and painted their own firework pictures. These can be seen on the wall in the Scout hut. We have talked about Remembrance, and they made their own poppy crosses. We also attended the District Beaver Craft day at St Chad's Church hall, where each Beaver made a selection of Christmas related crafts and decorations.

We have invested Aidan, Daniel and Noah. The following Beavers have received their:-

Creative Challenge

Jack C, Finley, Isaac, Joshua, Macenzy and Johnny.

Global Challenge

Jack, Tobin, John and Johnny.

Fitness Challenge

Joel

Swimmer 1:- Aaron

Health Eating:- Jamie

Hobbies:- Aaron

Beaver of the month:- Isaac W

Lodge of the month:- White

Photos on next page



