

# 1<sup>st</sup> Thurstason Scouts Newsletter

## First Month - First Aid

We hope that you had a relaxing and fantastic Christmas and New Year.

In January the scouts will be concentrating on first aid. They should be able to tell you what they would do in the event of them coming across someone who has suffered one of the following:

- + Stopped breathing
- + In shock
- + Minor cuts and grazes
- + Serious cuts (including if an object is still sticking in the person)!
- + choking



## Mud, Mud Glorious Mud!

Nothing quite like it for soothing the blood! Or at least that was nearly case as the scouts followed a Blindfold Trail around the Scout hut grounds. A rope course was laid out and a number of sighted "guides" assisted the remainder of the blindfolded scouts around the course.

At times they could stand, at times that had to crawl, and at times the ground they covered was anything but firm (Lloyd's shoe did at one point get sucked off his foot by the mud!). Up and down ditches and through trees and bushes, they went. At the end of their ordeal, only one question....."Can we do it again?"



## Badges Awarded this Month



6 Year Participation Award

George McDonald  
David Jamieson



2 Year Participation Award

Lloyd Edwards



Adventure Challenge

Josh Currall  
Edward Rudd



Hikes Away

Ben Grinstead – 10 Hikes Away  
Carrick Hurley – 5 Hikes Away  
Ben Blanshard – 5 Hikes Away  
Keiran Barnes – 5 Hikes Away  
Dan Fieldhouse – 1 Hike Away

