

## African Cookies

### Ingredients

5/8 cup butter  
1/4 cup sugar  
1/4 cup honey  
1 tablespoon lemon zest  
1 teaspoon ground nutmeg  
1 egg  
  
1 cup grated raw sweet potato  
  
2 1/2 cups flour  
1 1/2 teaspoons baking powder  
1/2 teaspoon salt

### Topping

1 teaspoon butter  
1-2 teaspoons lemon juice  
1-1 1/2 cups icing sugar  
Approx 1 tablespoon water

1. cream butter and sugar
2. add zest, nutmeg, honey and egg
3. fold in sweet potato
4. add flour, baking powder and salt
5. mix well
6. put well rounded teaspoons of mixture onto baking tray
7. bake at 180 for 7 mins approx
8. leave to cool

### to make topping

1. mix together all the topping ingredients
2. spread onto the cooled biscuits